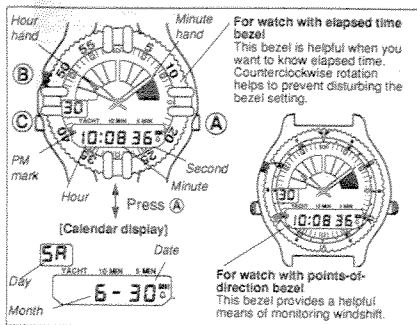


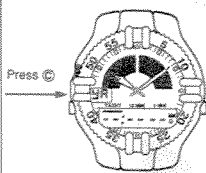
# Module No. 389

## READING THE DISPLAY

### REGULAR TIMEKEEPING MODE



### YACHT TIMER MODE



### PROGRAM TIMER MODE



### DAILY ALARM MODE



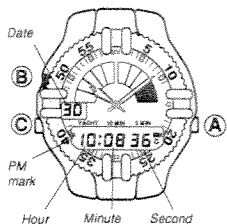
### STOPWATCH MODE



### TIME SETTING MODE



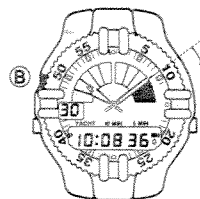
## SETTING TIME AND DATE



- 1) Press **C** five times in the REGULAR TIMEKEEPING MODE to move to the TIME SETTING MODE.
- 2) Press **B** in the TIME SETTING MODE to set time and date.
- 3) Press **A** on a time signal to correct seconds.
- 4) Press **C** to shift flashing digit(s). Digit(s) to be changed will flash.



- 5) Each press of **A** increments digit(s) by one. Hold down for rapid advance.
- 6) Press **C** to complete setting.
  - \* In the case of 12/24-hour selection, each press of **A** switches the display between 12-hour and 24-hour formats alternately.
  - \* Display automatically returns to the regular timekeeping display if left unused for a few minutes.



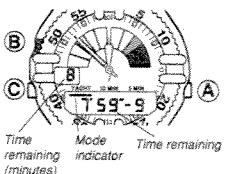
### ADJUSTING HOUR AND MINUTE HANDS

Press **B** in the REGULAR TIMEKEEPING MODE to advance the hands.  
Hold down for rapid advance.

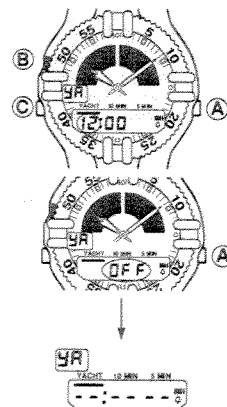
## USING YACHT TIMER

The yacht timer mode has three timers: YA timer and 10-minute timer and 5-minute timer.

**YA timer:** The starting time of the yacht race can be preset up to 24 hours in advance. Sixty minutes before the start of the race, the small display in the 8 to 9 o'clock position shows the minute-by-minute time remaining until the starting time. Ten minutes before the race starts, the display at the bottom of the watch face shows the time remaining until the start.



**10-minute sailing timer:** Should the starting time of the race be changed, simply press **A** to activate the 10-minute sailing timer when the warning signal is hoisted.



### SETTING THE STARTING TIME

- 1) Press **C** in the REGULAR TIMEKEEPING MODE to shift to the YACHT TIMER MODE.
- 2) Press **B** to set the starting time.
- 3) Press **C** to shift the flashing digit(s). Digit(s) to be changed will flash.



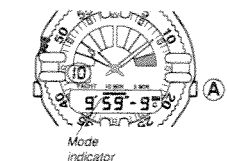
- 4) Each press of **A** increments digit(s) by one. Hold down for rapid advance.
- 5) Press **C** to complete setting. The timer is activated.

### ONE TIME REPEAT FUNCTION

This function is useful when a general recall be signalled. When the display reaches 0, the beeper sounds for 5 seconds and the 10-minute timer restarts automatically one time.

**NOTE:** To prevent confusion during the warning and preparatory procedure of the race, the beepers of other modes are deactivated.

**5-minute sailing timer:** Should it be necessary, press **A** again to start this timer when the preparatory signal goes up.



### DEACTIVATING THE YACHT TIMER

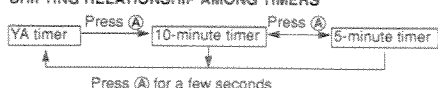
Switch the watch to the OFF setting, following the procedure for "setting the starting time", described later.

### SHIFTING THE 10-MINUTE OR 5-MINUTE TIMER TO THE YA TIMER

If **A** is pressed accidentally, press **A** again for a few seconds to stop the 10-minute or 5-minute timer and shift to the YA timer display.

Note that the starting time is cleared when the display reaches 0 unless the 10-minute or 5-minute timer is deactivated.

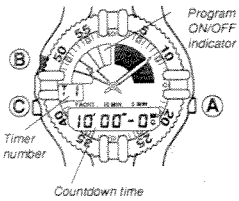
### SHIFTING RELATIONSHIP AMONG TIMERS



### STARTING PROCEDURE AND YA TIMER OPERATION

YACHT TIMER IS PRESET	UP UNTIL 60 MIN. BEFORE	60 TO 10 MIN. BEFORE	10 MIN. BEFORE	5 MIN. BEFORE	START
			Warning signal is hoisted.	Preparatory signal is hoisted.	Start signal
GRAPHIC DISPLAY					
YA TIMER (Start time: 12:30)	YR 12:30:00	30 12:30:00	10 9:45-0	5 4:45-0	0 0:00-0
10-MINUTE TIMER			10 9:45-0	10 4:45-0	10 0:00-0
5 MINUTE TIMER				5 4:45-0	10 0:00-0
BEEPER SOUNDS			•Sounds 60 min. before •Sounds 15 min. before	•10 min. to 1 min. before: Sounds every min. •Sounds 40 sec. before •30 sec. to 1 sec. before: Sounds every sec.	•Sounds for 5 sec.

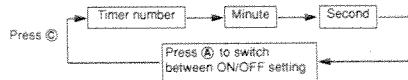
## USING PROGRAM TIMERS



Up to 5 countdown timers can be set. The multiple countdown timers are activated sequentially in the ascending order of the timer number. Each timer can be set from 1 second to 60 minutes and times to an accuracy of 1/10th of a second. Start/stop operation can be made by pressing (A). Press (A) for a few seconds to reset. The display will return to the first programmed timer in the sequence. Every time the display of each timer reaches 0, the beeper sounds for 5 seconds. When the timer last programmed reaches 0, the beeper sounds for 10 seconds. To stop the beeper, press any button.

### SETTING COUNTDOWN TIME

- 1) Press (C) twice in the REGULAR TIMEKEEPING MODE to move to the PROGRAM TIMER MODE.
- 2) Press (B) to set new time. Timer number flashes.
- 3) Each press of (A) increments digits by one. Keep pressed for quick advance.
- 4) Press (C) to shift the flashing digit(s). Digit(s) to be changed will flash.



- 5) Press (B) to complete setting.
- \* Display automatically returns to the initial program timer display if left unused for a few minutes.

### RECALL FUNCTION

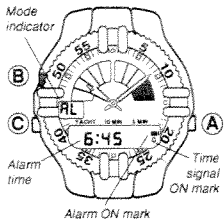
The pre-entered time is displayed when the display reaches zero.

### EXAMPLE OF USING THE PROGRAM TIMER

TIMER NUMBER	1	2	3	4	5	COUNTDOWN SEQUENCE	TOTAL COUNTDOWN TIME
EXAMPLE OF SETTING	10 min.	15 min.	5 min.	20 min.	30 min.	1-2-3-4-5	80 min.
	ON	ON	ON	ON	ON	1-2-3-4-5	80 min.
	OFF	ON	OFF	OFF	OFF	2	15 min.
	ON	OFF	ON	ON	OFF	1-3-4	35 min.

A flashing graphic sector shows which timer is active.

## USING DAILY ALARM



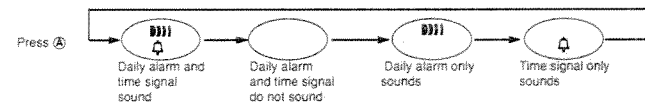
Beeper sounds for 20 seconds at present time every day until cleared when daily alarm is set. Press any button to stop beeper. Signals sound every hour on the hour if hourly time signal is set.

**Sound demonstration:** Press and hold (A) in the DAILY ALARM MODE to sound beeper.

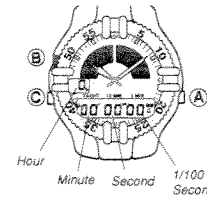
### SETTING ALARM TIME

- 1) Press (B) in the DAILY ALARM MODE to set a new alarm time.
  - 2) Each press of (C) shifts flashing position.
  - 3) Pressing (A) increments digit(s). Keep pressed for quick advance.
  - 4) Press (B) to complete.
- \* Display automatically returns to initial alarm display if left unused for a few minutes.

### ON OR OFF SETTING OF ALARM AND TIME SIGNAL



## USING STOPWATCH



Press (A) to start or stop. Press and hold (A) to reset. A signal confirms start/stop operation.

### WORKING RANGE

The stopwatch display is limited to 23 hours 59 minutes 59.99 seconds. For longer times, it is automatically reset and started again.